

Following are the topics that were discussed at the College of Family Physicians of Canada (CFPC) Section of Residents (SoR) Council meeting this spring.

Promoting Family Medicine as a Career

The CFPC is working on a multipronged approach surrounding the promotion of family medicine as a career—we will share information as it becomes available. Members voiced the importance of early exposure to family medicine as a career and expressed a strong interest in their role to assist with promoting, marketing, etc.

Family Medicine Professional Profile

The [Family Medicine Professional Profile](#) is a CFPC position statement about the discipline of family medicine, describing the scope of practice for family physicians, including primary responsibilities, work settings, and arrangements. We encourage residents to review and share this document.

Practice Management Tool

An approach to learning is being proposed by the CFPC, to better cultivate practice management skills within the residency program and carried into the early years of practice through continuing professional development. Practice management learning has been identified as an area of need among early career physicians. A new tool has been developed and we are looking for R1s and R2s who would like to pilot the tool. Please contact us at education@cfpc.ca if you are interested in piloting the tool.

Family Medicine Longitudinal Survey

Since implementing the Triple C curriculum in 2010, the CFPC has kept in touch with Canadian family medicine residents who experienced the new curriculum. A national survey is used at the beginning of residency, end of residency, and three years into practice to capture resident perceptions, experiences, practice intentions, and actual practice type and scope. This information is invaluable, and we are working together to increase the numbers of participants. Please look out for the emails and complete all of your surveys!

Streamlining the University Elections Process

Members raised the issue that there are still a few inconsistencies in how R1s are elected, across the 17 family medicine programs, to the SoR Council. The SoR Council developed an elections guidelines document and agreed that the Resident Relations Working Group would share information on the forthcoming elections by June 1st at each of their respective schools, on social media (e.g., [Facebook](#), [Twitter](#)), and through the Family Medicine Interest Groups (FMIGs). We encourage all residents to join us on social media to get the latest information about useful tools and interesting initiatives at the CFPC, along with what residents are talking about.

Family Medicine Forum/Section of Residents' 30th Anniversary

Lots of exciting things are happening at this year's [Family Medicine Forum](#) (FMF)! Attend multiple resident stream sessions and connect with fellow residents/students in the Student and Resident Lounge in the Exhibit Hall. Get your tickets and enjoy the Student and Resident Social on Friday night! More information to come.

The SoR will be celebrating its 30th anniversary starting this fall. Contact your local [SoR Council representative](#) with any ideas for recognizing and celebrating residents.

Guide for Improvement of Family Medicine Training (GIFT) 2019

The topic of addictions was selected as the focus for GIFT 2019. We will issue a survey to all residents asking for feedback about educational needs that address usage of opioids in patients with chronic non-cancer/non-palliative care, and explore residents' level of confidence, capability, and comfort with opioid management.

GIFT 2018

The 2018 GIFT is about quality improvement (QI) education in family medicine residency and it is [now available!](#) It answers the questions, "What is QI in health care?", "Why do it?", and "How does QI fit into family medicine residency education?" GIFT tools are developed by residents for residents but are also an excellent tool for teachers. Past GIFTs include [Advance Care Planning Discussions](#), [Periodic Reviews in Family Medicine Residency](#), and [Effective Feedback in Family Medicine Residency](#), and are all available under the [Training Guides tab](#) of the [SoR Website](#).

Knowledge, Translation, and Research

The Resident Relations Working Group is developing an evaluation tool for previous GIFT projects. This tool will iteratively evaluate GIFTs using both pre- and post-surveys. Additionally, they will pull together narrative feedback from previous GIFT working group leads, SoR Council Chairs, and program directors. The working group is also considering the possibility of regenerating older GIFT projects by developing one-pagers of older products that were developed as full guides only.

Key Items From Committees and External Organizations

SoR members provide the resident voice on several CFPC committees. In addition, we have partnerships with external organizations such as WONCA-Polaris, Resident Doctors of Canada, Fédération des médecins résidents du Québec, and the American Academy of Family Physicians. Below are some key items of interest:

WONCA Polaris, FM360 Exchange Program

The group has had some success getting doctors from outside the country to come to Canada but there hasn't been much traction of Canadian residents going abroad. The lack of success could be attributable to the fact that the clerkship is a non-clinical and also because of the limited time residents get for doing optional rotation. Residents are also encouraged to stay connected by subscribing to their [newsletter](#).

Canadian Family Physician Editorial Advisory Board

All residents engaged in research or medical writing are encouraged to [submit an article](#) about their experience on the subject. An infographic for residents in Canada was created, highlighting the great opportunity to have your work on a current family medicine issue published in Residents' View in [Canadian Family Physician](#)—the CFPC's high-quality peer-reviewed journal. The next manuscript deadlines for 2019 are June 1st, September 1st, and December 1st.

Section of Communities of Practice in Family Medicine (CPFM): Mental Health Program Committee

The Mental Health Program Committee reminds you that the next [Canadian Collaborative Mental Health Conference](#) will be held May 10 to 11, 2019, in Vancouver.

Fédération des médecins résidents du Québec (FMRQ)

The FMRQ would like everyone to be aware that next year they will be travelling around Quebec, promoting family medicine and also promoting their mentorship program. They also remind everyone to make sure to sign up for the next Annual Family Medicine Conference, which will be held from November 30th to December 7th.

Resident Doctors of Canada (RDoC)

In recent months, RDoC have been advocating for national licensure and will continue to do so for the next year. To do so, they have made a statement that has been endorsed by several medical bodies including the CFPC. RDoC continue to showcase the career profiles of residents on their website. Consider submitting your work to the [RDoC anthology project](#), *Inside the Lives of Canada's Resident Doctors*. Your story could influence and motivate other students and residents about a particular scope of practice. The deadline for submissions has been extended to April 30, 2019. Finally, they have released their [2018 National Resident Survey report](#), providing data on different issues faced by residents across the country.

Félix Bégin, CFPC SoR Council, Executive Lead Internal

Further questions or concerns should be directed to your SoR Council representative, the names of whom can be found on the [SoR website](#).