How are your peers earning continuing professional development (CPD) credits? We’ve analyzed Mainpro+® data to report on the most popular types of activities, uptake of College of Family Physicians of Canada (CFPC) programs, and more to provide a snapshot of what Mainpro+ participants are doing across the country. The data refer to the period of July 1, 2018, through June 30, 2019, unless otherwise stated.

Total number of Mainpro+ participants reporting credits: 45,000

Total number of participants in the 2014–2019 cycle cohort: 10,560

Total number of credits submitted between July 1, 2018, and June 30, 2019: 2,944,784

**TOP 5 activities based on the number of credits earned:**
1. Certified Mainpro+ activities: 865,631 credits submitted
2. UpToDate: 359,399
3. Journal reading: 241,543
4. Non-certified Group Learning activities: 125,613
5. Online learning and podcasts: 95,656

**Mainpro+ activities completed July 1, 2018, to June 30, 2019**

- **Assessment**
- **Group Learning**
- **Self-Learning**

**Most popular Mainpro+ activities based on the number of activity submissions:**
1. Certified Mainpro+ activities: 123,220
2. Journal reading: 25,526
3. Canadian Family Physician (CFP) Mainpro+ articles: 20,458
4. Online learning and podcasts: 10,924
5. UpToDate: 10,817

**Number of Linking Learning submissions by category**

- Linking Learning to Teaching: 508
- Linking Learning to Administration: 288
- Linking Learning to Assessment: 924
- Linking Learning to Research: 181
- Linking Learning to Practice: 1,402
Did you know?

- **CFP Mainpro+ certified articles** accounted for 20,458 activity submissions between July 2018 and June 2019.
- **The CFPC’s Self Learning™ Program** has more than 7,200 annual subscribers.
- **Family Medicine Forum (FMF) 2018** attendees collectively earned 30,235 Mainpro+ credits.

Certified CPD programs

The College certified 1,857 CPD programs at the national, provincial, and university levels.

- Nationally certified CPD programs: 341
- Provincially certified CPD programs: 544
- University-certified CPD programs: 972

Nationally and provincially certified programs by credits per hour

<table>
<thead>
<tr>
<th>Credits per Hour</th>
<th>Chapter</th>
<th>National</th>
<th>Grand Total</th>
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<tr>
<td>Grand Total</td>
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Number of Mainpro+ certified programs according to the CanMEDS-FM Roles they address:*

<table>
<thead>
<tr>
<th>CanMEDS-FM Role</th>
<th>Number of Programs</th>
</tr>
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<tbody>
<tr>
<td>Family Medicine Expert</td>
<td>717</td>
</tr>
<tr>
<td>Communicator</td>
<td>663</td>
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<tr>
<td>Collaborator</td>
<td>644</td>
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<tr>
<td>Professional</td>
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<td>Health Advocate</td>
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<tr>
<td>Scholar</td>
<td>469</td>
</tr>
<tr>
<td>Leader</td>
<td>446</td>
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</tbody>
</table>

*Note: Some programs cover multiple CanMEDS-FM Roles

Mainpro+ credit categories

**Group Learning:**
Activities that provide an opportunity to learn with others

**Self-Learning:**
Activities planned and implemented by the individual, outside the context of a group

**Assessment:**
Activities that stimulate learning through the analysis of data or provision of feedback about an individual’s or group’s performance